

ITSU



IS0507 User Manual

Version:2023/3/1

SAFETY CAUTIONS-----	2
GROUNDING INSTRUCTIONS-----	3
ASSEMBLY INSTRUCTIONS-----	4
OPERATION GUIDE-----	7
EXPLODED DRAWING-----	14
PARTS LIST-----	15
MAINTENANCE-----	16
PRODUCT SPECIFICATION-----	18
CONTACT US-----	19

Thank you for purchasing the IS0507.

Before operating this unit, please read this manual carefully to ensure optimum performance and safety.

This manual should be kept available for future reference.

REMARK:

For product improvement, the company reserves the right to change the design and specification at any time without prior notice.

Pictures are for reference use only and may differ from the actual product.

SAFETY CAUTIONS

When using this product, basic precautions should always be followed, including the following:

Please read the instruction carefully before starting to use this product.

Danger – To reduce the risk of electric shock:

1. Always unplug this product from the electrical outlet immediately after using and before cleaning.

Warning – To reduce the risk of burns, fire, electric shock, or physical injury:

1. The product should never be left unattended while plugged in. Unplug the product from the outlet when not in use.
2. Close supervision is necessary when this product is used by or near children, invalids, or disabled persons.
3. Be sure to use the product only for its intended use as described in this manual. Do not use any attachment not recommended by the manufacturer in order to avoid any danger or accidents.
4. Never operate the product if it has a damaged cord or plug, if it is not working properly, if it has been damaged, or dropped into water. Please return the product to the service center of seller for examination and repair.
5. Do not carry this product by the supply cord or use the cord as a handle.
6. Keep the cord away from hot surfaces or ground.
7. Never operate the product with the air vents blocked. Keep the air vents free of lint, hair, etc.
8. Never drop or insert any objects into any openings.
9. Do not use or operate outdoors.
10. Do not operate where aerosol (spray) products are being used or where oxygen is thin.
11. Before turning the product power off, turn all controls to the off position then remove the plug from the outlet.
12. Connect the product to a properly grounded outlet only.
13. If the treadmill is foldable, when user finishes using the treadmill, the elevation needs to be back to original position.
14. When user is using the treadmill, it can not be folded at the same time.
15. Keep a safety space of 2000mm x 1000mm away from the treadmill.
16. This machine is only intended for household use.
17. For the treadmill with folding function and electric elevation, be sure that the elevation is 0 before folding (To avoid interference of the components).
18. Stop using the treadmill if you feel faint, dizzy, or short of breath.
19. Wear appropriate exercise clothes when using the treadmill. Do not wear loose clothes that could become caught in the treadmill. Athletic support clothes are recommended for both men and women. Always wear athletic shoes. Never use the treadmill with bare feet, wearing only stockings, or in sandals.

GROUNDING INSTRUCTIONS

The products must be grounded first. If malfunction or breakdown occurs, grounding will provide a path of least resistance for electric current to reduce the risk of electric shock.

The product is equipped with a cord having an equipment-grounding conductor and a grounding plug.

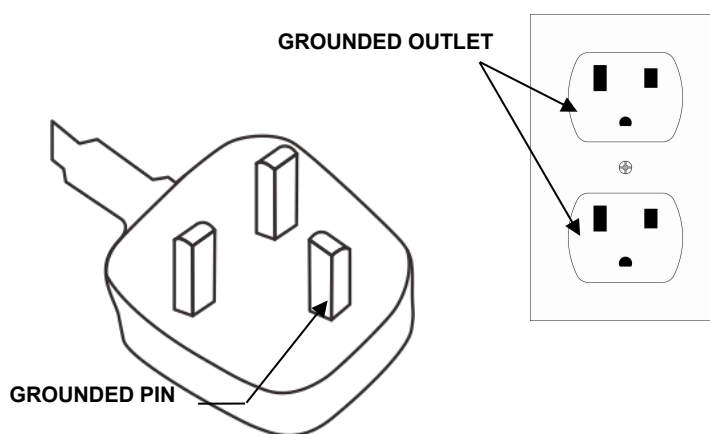
The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

Danger – Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the products are properly grounded. Do not modify the plug provided with the product – if it will not fit the outlet, have a proper outlet install by a qualified electrician.

The products is for use on nominal 220-240 volt and has a grounding plug that looks like the plug illustrated in the figure . Make sure that the product is connected to an outlet having the same configuration as the plug.








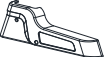
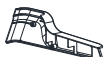








There is no need to use any adapter for this product.

Figure
Grounding methods



ASSEMBLY INSTRUCTIONS

OPEN THE BOX YOU CAN FIND THE ALL PARTS AS BELOW.

 1	 5	 13	 16	 26
 35	 37	 42	 43	 72
 80	 86	 88	 89	 90
 97	 98			

Parts of assembly:

No.	DESC.	SPEC.	Q' TY	No.	DESC.	SPEC.	Q' TY
1	Main Frame		1	5	Computer		1
13	Hexagon Socket Button Head Bolt	M8*45	4	16	Hexagon Socket Button Head Bolt	M8*20	8
26	Cross Round Head Screw	ST4*19	4	35	Flat Washer	Ø 8	8
37	Arc Washer	Ø 10	4	42	Left Base Cover		1
43	Right Base Cover		1	72	Safety Key		1
80	Power Cord		1	86	Silicon Oil		1
88	Allen Wrench	5#	1	89	Allen Wrench	6#	1
90	Cross Open End Wrench		1	97	MP3 Wire		1
98	Circular Tube Plug	Ø 25	4				

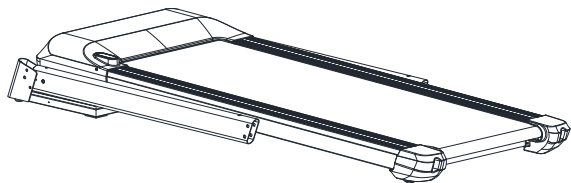
Installation tools:

Allen Wrench 5mm 5# 1pcs

Allen Wrench 6mm 6# 1pcs

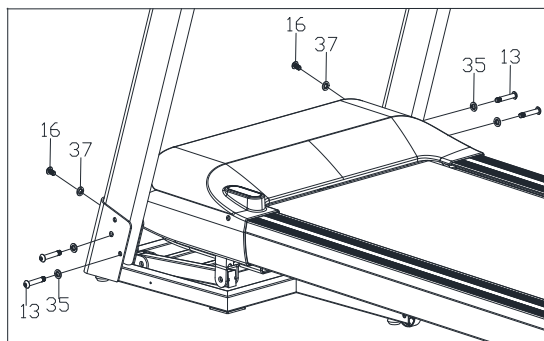
Cross Open End Wrench 1pcs

STEP 1:



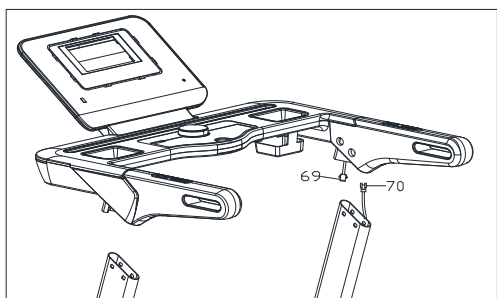
Take out from the carton, put the main frame on the ground, and cut off the packing tapes.

STEP 2:



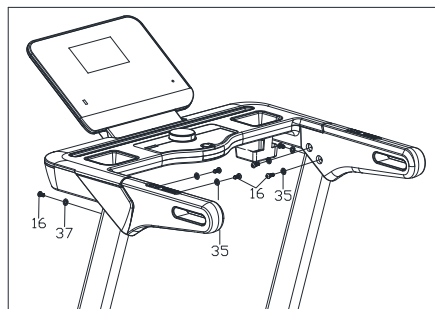
Use allen wrench(88) to lock hexagon socket head bolt(13),flat washer(35),arc washer(37) and exagon Socket Head Bolt(16) into uprights pipe and base frame,but not firmly.

STEP 3:



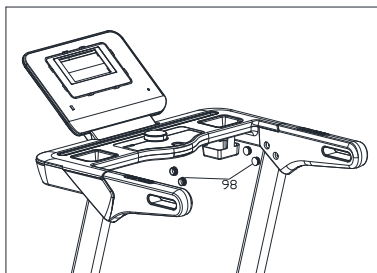
Connected signal wire from computer(69) with signal wire from uprights(70).Please be attention direction of them.

STEP 4:



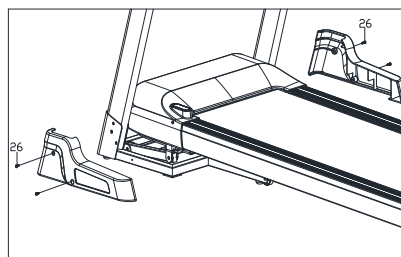
Use allen wrench(88) to lock flat washer(35) and Hexagon Socket Head Bolt(16) into uprights pipe and console frame,but not firmly.

STEP 5:



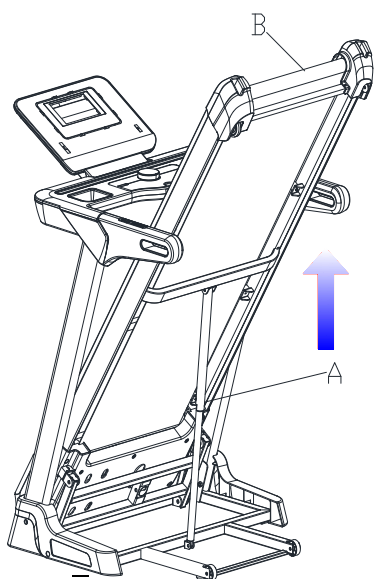
Install plastic plug in locked handrail (98)

STEP 6:



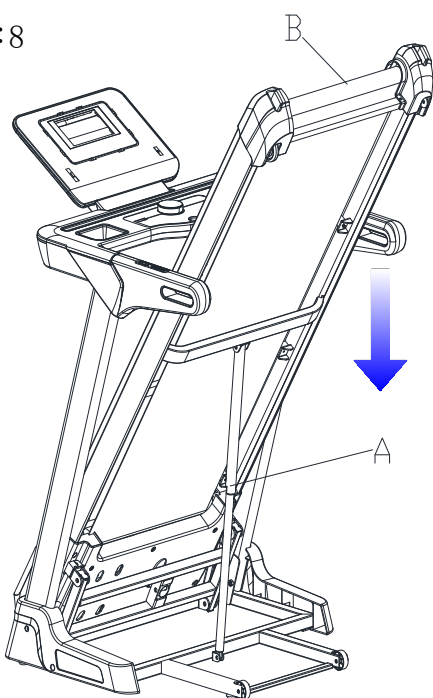
Lock all screws of above steps firmly, then use cross open end wrench(90) to lock cross round head screw(26), left base cover(42) and right base cover into base frame firmly.

STEP 7:



Hold one hand up to the arrow at B, kick the gas spring with your foot at A, then hear the gas spring sound.

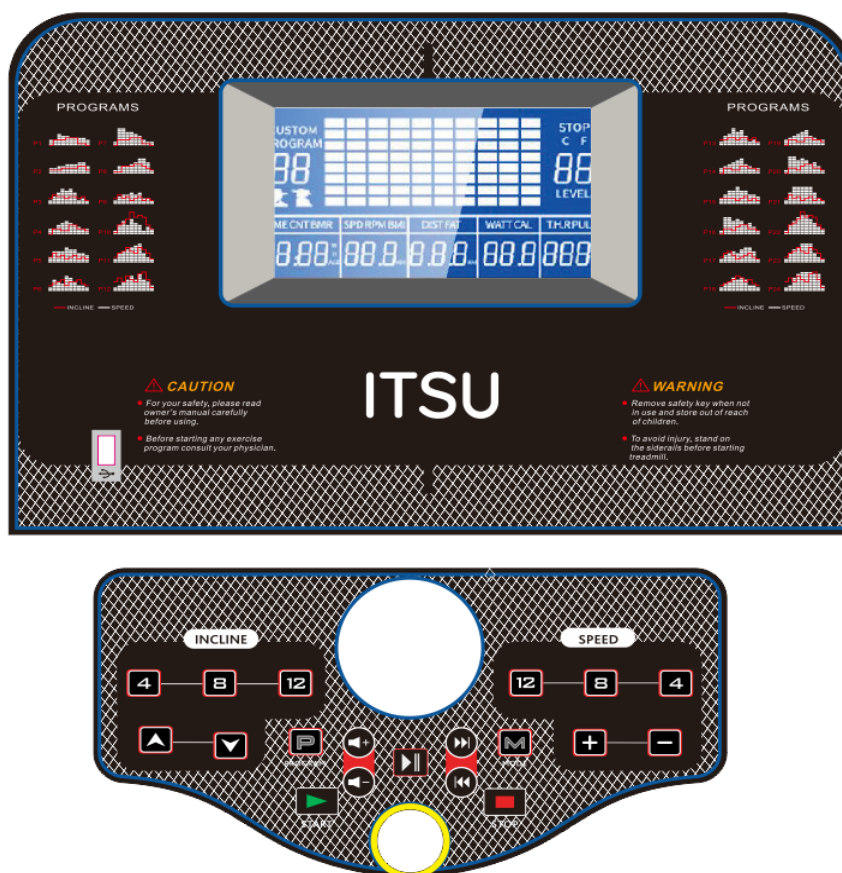
STEP:8



Hold one hand at B, kick the gas spring with your foot at A, press the hand at B slightly harder down to the rear end of the armrest, let go of the rest of the arm, let go of the machine, and then you can automatically drop it down to the end of the armrest.

**NOTE: For your safety and comfort, please check if all screws are fastened
Congratulation! A brand new motorized treadmill has been successful assembled!**

OPERATION GUIDE



➤ LCD Display Readout:

1. **Function Button:** START, STOP, PROGRAM, MODE, SPEED+/-, INCLINE+/-, Speed quick button, Incline quick button, Volume+/- button, Switch music up and down buttons, Music start/pause button.
2. **KEYBOARD FUNCTION:**
 - A "PROGRAM" button : In ready mode, press this button to select program "0:00", "P01-P60", and "U1-U5"; Manual mode is the default running mode, default speed of manual mode is 1.0KM/H.
 - B "MODE" button: Press this button to select mode "0:00", "30:00", "5.0", "100" ("0:00" for manual mode, "30:00" for time countdown mode, "5.0" for distance countdown mode, "100" for calories countdown mode.) When you are selecting any mode, please press speed+/- button to set the relevant countdown value. When it is finished, press "START" button to start running the treadmill.

- C "START" button: When machine is stop, press this button to start.
- D "STOP" button: When machine is working, press this button to stop.
- E "SPEED+" "SPEED -" button: Press this button to adjust the speed when running, +/- 0.1KM for each time. When it is at the ready mode, press the button to set parameter.
- F "INCLINE+" "INCLINE-" button: Press this button to adjust incline, +/- 1 for each time. When it is at the ready mode, press the button to set parameter.
- G Quick speed button: When machine is running, press quick speed button "4,8,12" , it will be matched to corresponding speed values.
- H Quick incline button: When machine is running, press quick incline button "4,8,12" ,it will be matched to corresponding incline values.
- I Volume+ button: When playing music, press this button to increase the volume.
- J Volume- button: When playing music, press this button to reduce the volume.
- K Switch music up button: Press this button when playing music to switch to the previous music.
- L Switch music down button: Press this button when playing music to switch to the next music.
- M Music start pause button: Press this button when playing music to stop the music. Press again, to start the music.
- N Round knob: With the "START", "STOP"(need to press 5 seconds), "SPEED+" and "SPEED -" functions.

➤ **Safety Key Function**

When you take off the safety key, the LCD will display E07, and the treadmill will be stopped immediately. Put the safety key into the safety key hole in the console, and then the treadmill will be on start/ready status.

➤ Heart Rate Function

When holding the hand pulse by both hands, the pulse window will show your hear rate. In order to get the heart rate more accurately, please stand on the treadmill when the machine is stop and holding on the hand pulse more than 30 seconds. The range of heart rate is 50-200 / second. The heart rate data is just for reference only, not as medical data.

➤ The input parameter display and setting range

	Initial	Setting initial value	Setting range	Show range
Prog. Time(min:sec)	0:00	30:00	5:00-99:00	0:00~99:59
Speed(km/h)	0.0	1.0	1.0-20.0	0.0-20.0
Incline(%)	0.0	0	0-18%	0-18%
Distance(km)	0.0	1.0	0.5 - 99.9	0.0 - 99.9
Calories(Cal.)	0	50	10-999	0-999
Mode Time(min:sec)	0:00	15:00	5:00-99:00	0:00-99:59

➤ Program Instruction: schedule

Each program divided running time into 20 intervals; the speed and incline on each interval has been preset in the factory.

TIME PROG.		Time set/20 intervals=running duration																			
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
P01	SPEED	2	3	3	4	5	3	4	5	5	3	4	5	4	4	4	2	3	3	5	3
	INCLINE	1	1	2	2	2	3	3	3	2	2	1	2	2	1	1	3	3	2	2	2
P02	SPEED	2	4	4	5	6	4	6	6	6	4	5	6	4	4	4	2	2	5	4	2
	INCLINE	1	2	2	2	2	3	3	2	2	2	2	2	3	3	3	4	4	3	2	2
P03	SPEED	2	4	4	6	6	4	7	7	7	4	7	7	4	4	4	2	4	5	3	2
	INCLINE	2	3	3	2	2	3	3	3	2	2	2	2	4	4	4	6	6	3	2	2
P04	SPEED	3	5	5	6	7	7	5	7	7	8	8	5	9	5	5	6	6	4	4	3
	INCLINE	2	3	3	2	2	3	3	3	2	2	2	2	4	4	4	6	6	3	2	2
P05	SPEED	2	4	4	5	6	7	7	5	6	7	8	8	5	4	3	3	6	5	4	2
	INCLINE	3	3	3	4	4	3	6	5	4	4	4	4	5	6	3	6	3	2	2	2
P06	SPEED	2	4	4	4	5	6	8	8	6	7	8	8	6	4	4	2	5	4	3	2
	INCLINE	3	5	5	5	4	4	4	3	3	3	3	4	4	4	3	3	3	4	3	2
P07	SPEED	2	3	3	3	4	5	3	4	5	3	4	5	3	3	3	6	6	5	3	3
	INCLINE	4	4	4	4	3	3	4	3	5	7	7	8	8	9	9	6	6	5	4	4

P08	SPEED	2	3	3	6	7	7	4	6	7	4	6	7	4	4	4	2	3	4	4	2
	INCLINE	4	5	5	5	6	6	6	7	8	9	9	9	10	10	10	12	12	8	6	3
P09	SPEED	2	4	4	7	7	4	7	8	4	8	9	9	4	4	4	5	6	3	3	2
	INCLINE	5	5	5	6	6	6	4	4	6	6	5	5	8	8	9	9	9	7	4	2
P10	SPEED	2	4	5	6	7	5	4	6	8	8	6	6	5	4	4	2	4	4	3	3
	INCLINE	5	6	6	6	7	5	8	8	4	4	4	5	5	8	8	10	10	8	6	3
P11	SPEED	2	5	8	10	7	7	10	10	7	7	10	10	5	5	9	9	5	5	4	3
	INCLINE	4	5	3	2	6	6	2	2	2	2	2	4	5	6	3	2	5	5	2	0
P12	SPEED	3	4	9	9	5	9	5	8	5	9	7	5	5	7	9	9	5	7	6	3
	INCLINE	1	2	3	2	3	5	5	0	0	2	3	5	7	3	3	5	6	5	3	3
P13	SPEED	3	6	7	5	9	9	7	5	5	7	9	5	8	5	9	5	9	9	4	3
	INCLINE	3	3	5	6	5	3	3	7	5	3	2	0	0	5	5	3	2	3	2	1
P14	SPEED	2	2	4	5	6	5	4	3	2	1	2	3	4	5	6	5	4	3	2	1
	INCLINE	4	4	4	4	3	3	6	6	6	7	7	8	8	9	9	6	6	5	4	4
P15	SPEED	2	4	6	8	6	6	4	4	2	2	2	4	6	8	6	6	4	4	2	2
	INCLINE	3	3	3	4	4	5	6	3	6	3	4	4	5	5	3	3	3	2	2	2
P16	SPEED	2	4	6	8	10	8	6	4	2	2	2	4	6	8	6	6	4	4	2	2
	INCLINE	5	5	5	6	6	6	4	4	6	6	5	5	8	8	9	9	9	7	4	1
P17	SPEED	2	2	6	6	8	10	6	6	2	2	2	2	6	6	8	10	6	6	2	2
	INCLINE	4	5	5	5	6	6	6	7	8	9	9	9	10	10	10	12	12	8	6	3
P18	SPEED	2	3	4	5	2	3	4	5	3	2	2	3	4	5	2	3	4	5	3	2
	INCLINE	4	4	4	4	3	3	6	6	6	7	7	8	8	9	9	6	6	5	3	2
P19	SPEED	2	4	6	2	4	6	2	4	6	2	2	4	6	2	4	6	2	4	6	2
	INCLINE	3	5	5	5	4	4	4	3	3	3	3	4	4	4	3	3	3	4	3	2
P20	SPEED	1	3	4	5	6	5	4	3	2	1	1	3	4	5	6	5	4	3	2	1
	INCLINE	3	3	3	4	4	5	5	4	3	3	3	4	5	5	3	3	3	2	2	2
P21	SPEED	4	5	4	4	4	2	3	3	5	3	2	3	3	4	5	3	4	5	5	3
	INCLINE	1	2	2	1	1	3	3	2	2	2	1	1	2	2	2	3	3	3	2	2
P22	SPEED	5	6	4	4	4	2	2	5	4	2	2	4	4	5	6	4	6	6	6	4
	INCLINE	2	2	3	3	3	4	4	3	2	2	1	2	2	2	2	3	3	2	2	2
P23	SPEED	2	4	4	4	4	2	4	5	3	2	2	4	4	6	6	4	7	7	7	4
	INCLINE	2	2	4	4	4	6	6	3	2	2	2	3	3	2	2	3	3	3	2	2
P24	SPEED	3	5	9	5	5	6	6	4	4	3	3	5	5	6	7	7	5	7	7	8
	INCLINE	2	2	4	4	4	6	6	3	2	2	2	3	3	2	2	3	3	3	2	2
P25	SPEED	3	4	5	4	3	3	6	5	4	2	2	4	4	5	6	7	7	5	6	7
	INCLINE	4	4	5	5	3	3	3	2	2	2	3	3	3	4	4	5	5	5	4	4
P26	SPEED	1	3	6	4	4	2	5	4	3	2	2	4	4	4	5	6	8	8	6	7
	INCLINE	3	4	4	4	3	3	3	4	3	2	3	5	5	5	4	4	4	3	3	3
P27	SPEED	4	5	3	3	3	6	6	5	3	3	2	3	3	3	4	5	3	4	5	3
	INCLINE	2	4	8	9	9	6	6	5	4	4	4	4	4	4	3	3	6	6	6	7
P28	SPEED	1	3	4	4	4	2	3	4	4	2	2	3	3	6	7	7	4	6	7	4
	INCLINE	3	2	2	4	3	2	2	4	6	3	4	5	5	5	6	6	6	7	8	9
P29	SPEED	2	5	5	5	4	5	6	3	3	2	2	4	4	7	7	4	7	8	4	8
	INCLINE	5	5	8	8	9	9	9	7	4	2	5	5	5	6	6	6	4	4	6	6
P30	SPEED	6	6	5	4	4	2	4	4	3	3	2	4	5	6	7	5	4	6	8	8
	INCLINE	4	5	5	8	8	10	10	8	6	3	5	6	6	6	7	5	8	8	4	4

P31	SPEED	4	2	4	4	3	4	5	5	4	3	2	5	8	10	7	7	10	10	7	7
	INCLINE	2	4	5	6	3	2	5	5	2	0	4	5	3	2	6	6	2	2	2	2
P32	SPEED	5	5	2	2	4	5	5	7	6	3	3	4	9	9	5	9	5	8	5	9
	INCLINE	3	5	7	3	3	5	6	5	3	3	1	2	3	2	3	5	5	0	0	2
P33	SPEED	2	3	2	1	3	2	9	9	4	3	3	6	7	5	9	9	7	5	5	7
	INCLINE	2	0	0	5	5	3	2	3	2	1	3	3	5	6	5	3	3	7	5	3
P34	SPEED	2	3	4	5	6	5	4	3	2	1	2	2	4	5	9	9	4	4	4	5
	INCLINE	4	2	2	4	2	6	6	5	4	4	4	4	4	4	3	3	6	6	6	7
P35	SPEED	2	4	6	8	6	6	4	4	2	2	2	4	6	8	6	6	4	4	2	2
	INCLINE	4	4	5	5	3	3	3	2	2	2	3	3	3	4	4	5	5	5	4	4
P36	SPEED	2	4	6	8	6	6	4	4	2	2	2	4	6	8	10	8	6	4	2	2
	INCLINE	5	5	8	8	9	9	9	7	4	1	5	5	5	6	6	6	4	4	6	6
P37	SPEED	2	2	6	6	8	10	6	6	2	2	2	2	6	6	8	10	6	6	2	2
	INCLINE	4	2	2	6	8	10	12	8	6	3	4	5	5	5	6	6	6	7	8	9
P38	SPEED	2	3	4	5	2	3	4	5	3	2	2	3	4	5	2	3	4	5	3	2
	INCLINE	7	8	8	9	9	6	6	5	3	2	4	4	4	4	3	3	6	6	6	7
P39	SPEED	2	4	6	2	4	6	2	4	6	2	2	4	6	2	4	6	2	4	6	2
	INCLINE	3	4	4	4	3	3	3	4	3	2	3	5	5	5	4	4	4	3	3	3
P40	SPEED	1	3	4	5	6	5	4	3	2	1	1	3	4	5	6	5	4	3	2	1
	INCLINE	4	4	5	5	3	3	3	2	2	2	3	3	3	4	4	5	5	5	4	4
P41	SPEED	3	4	5	5	3	4	5	4	4	4	2	3	3	4	5	2	3	3	5	3
	INCLINE	3	3	3	2	2	1	2	2	1	1	1	1	2	2	2	3	3	2	2	2
P42	SPEED	4	6	6	6	4	5	6	4	4	4	2	4	4	5	6	2	2	5	4	2
	INCLINE	3	3	2	2	2	2	2	3	3	3	1	2	2	2	2	4	4	3	2	2
P43	SPEED	4	7	7	7	4	7	7	4	4	4	2	4	4	6	6	2	4	5	3	2
	INCLINE	3	3	3	2	2	2	2	4	4	4	2	3	3	2	2	6	6	3	2	2
P44	SPEED	7	5	7	7	8	8	5	9	5	5	3	5	5	6	7	6	6	4	4	3
	INCLINE	3	3	3	2	2	2	2	4	4	4	2	3	3	2	2	6	6	3	2	2
P45	SPEED	7	7	5	6	7	8	8	5	4	3	2	4	4	5	6	3	6	5	4	2
	INCLINE	5	5	5	4	4	4	4	5	5	3	3	3	3	4	4	3	3	2	2	2
P46	SPEED	6	8	8	6	7	8	8	6	4	4	2	4	4	4	5	2	5	4	3	2
	INCLINE	4	4	3	3	3	3	4	4	4	3	3	5	5	5	4	3	3	4	3	2
P47	SPEED	5	3	4	5	3	4	5	3	3	3	2	3	3	3	4	6	6	5	3	3
	INCLINE	3	6	6	6	7	7	8	8	9	9	4	4	4	4	3	6	6	5	4	4
P48	SPEED	7	4	6	7	4	6	7	4	4	4	2	3	3	6	7	2	3	4	4	2
	INCLINE	6	6	7	8	9	9	9	10	10	10	4	5	5	5	6	12	12	8	6	3
P49	SPEED	4	7	8	4	8	9	9	4	4	4	2	4	4	7	7	5	6	3	3	2
	INCLINE	6	4	4	6	6	5	5	8	8	9	5	5	5	6	6	9	9	7	4	2
P50	SPEED	5	4	6	8	8	6	6	5	4	4	2	4	5	6	7	2	4	4	3	3
	INCLINE	5	8	8	4	4	4	5	5	8	8	5	6	6	6	7	10	10	8	6	3
P51	SPEED	4	4	3	6	6	10	10	5	5	9	2	5	8	10	7	9	5	5	4	3
	INCLINE	6	2	2	2	2	2	4	5	6	3	4	5	3	2	6	2	5	5	2	0
P52	SPEED	5	6	6	5	6	7	5	5	7	9	3	4	9	9	5	9	5	7	6	3
	INCLINE	5	5	0	0	2	3	5	7	3	3	1	2	3	2	3	5	6	5	3	3
P53	SPEED	4	4	3	6	7	9	5	8	5	9	3	6	7	5	9	5	9	9	4	3
	INCLINE	3	3	7	5	3	2	0	0	5	5	3	3	5	6	5	3	2	3	2	1

P54	SPEED	5	4	3	2	1	2	3	4	5	6	2	2	4	5	6	5	4	3	2	1
	INCLINE	3	6	6	6	7	7	8	8	9	9	4	4	4	4	3	6	6	5	4	4
P55	SPEED	6	4	4	2	2	2	4	6	8	6	2	4	6	8	6	6	4	4	2	2
	INCLINE	5	5	5	4	4	4	4	5	5	3	3	3	3	4	4	3	3	2	2	2
P56	SPEED	8	6	4	2	2	2	4	6	8	6	2	4	6	8	10	6	4	4	2	2
	INCLINE	6	4	4	6	6	5	5	8	8	9	5	5	5	6	6	9	9	7	4	1
P57	SPEED	3	4	4	3	2	2	2	6	6	8	2	2	6	6	8	10	6	6	2	2
	INCLINE	6	6	7	8	9	9	9	10	10	10	4	5	5	5	6	12	12	8	6	3
P58	SPEED	3	4	5	3	2	2	3	4	5	2	2	3	4	5	2	3	4	5	3	2
	INCLINE	3	6	6	6	7	7	8	8	9	9	4	4	4	4	3	6	6	5	3	2
P59	SPEED	6	2	4	6	2	2	4	6	2	4	2	4	6	2	4	6	2	4	6	2
	INCLINE	4	4	3	3	3	3	4	4	4	3	3	5	5	5	4	3	3	4	3	2
P60	SPEED	5	4	3	2	1	1	3	4	5	6	1	3	4	5	6	5	4	3	2	1
	INCLINE	5	5	5	4	4	4	4	5	5	3	3	3	3	4	4	3	3	2	2	2

➤ User Manual Program

There are 5 user manual programs besides 60 built-in workout programs:U1、U2、U3、U4、U5.

1.User manual program setting: At the ready mode, press PROGRAM button continuously until your desired program (U1-U5) .Press MODE button to set speed and incline in total 10 intervals.

2. User manual program starting:

At the ready mode, press PROGRAM button continuously until your desired program (U1-U5) ,and set running time then start.

➤ Body Fat Scale Function

In ready mode, press PROGRAM button, window will indicate FAT to BODY FAT analysis function. Press MODE button to select parameters of the category(gender, age, height, weight) .Corresponding window can indicate F1,F2,F3,F4.Each one parameter selected category, press SPEED+/- button to adjust parameter value. When all of parameters are adjusted, press MODE button again, corresponding window will indicate F5, to enter the state of under test, then hold both hands on the handrail pulse kits for 8 seconds and the body fat data will be displayed on the corresponding window.

Parameter Class	Default Value	Setting Range	Remark
Gender (F1)	1 (Male)	1—2	1=Male 2=Female
Age (F2)	25 years old	10—99 years old	
Height (F3)	170 CM	100—200 CM	
Weight (F4)	70KG	20—150KG	
Result (F5)	As below		

By Asian Standards: FAT ≤19 -- Under weight

19<FAT ≤25 -- Normal weight

25<FAT ≤29 -- Over weight

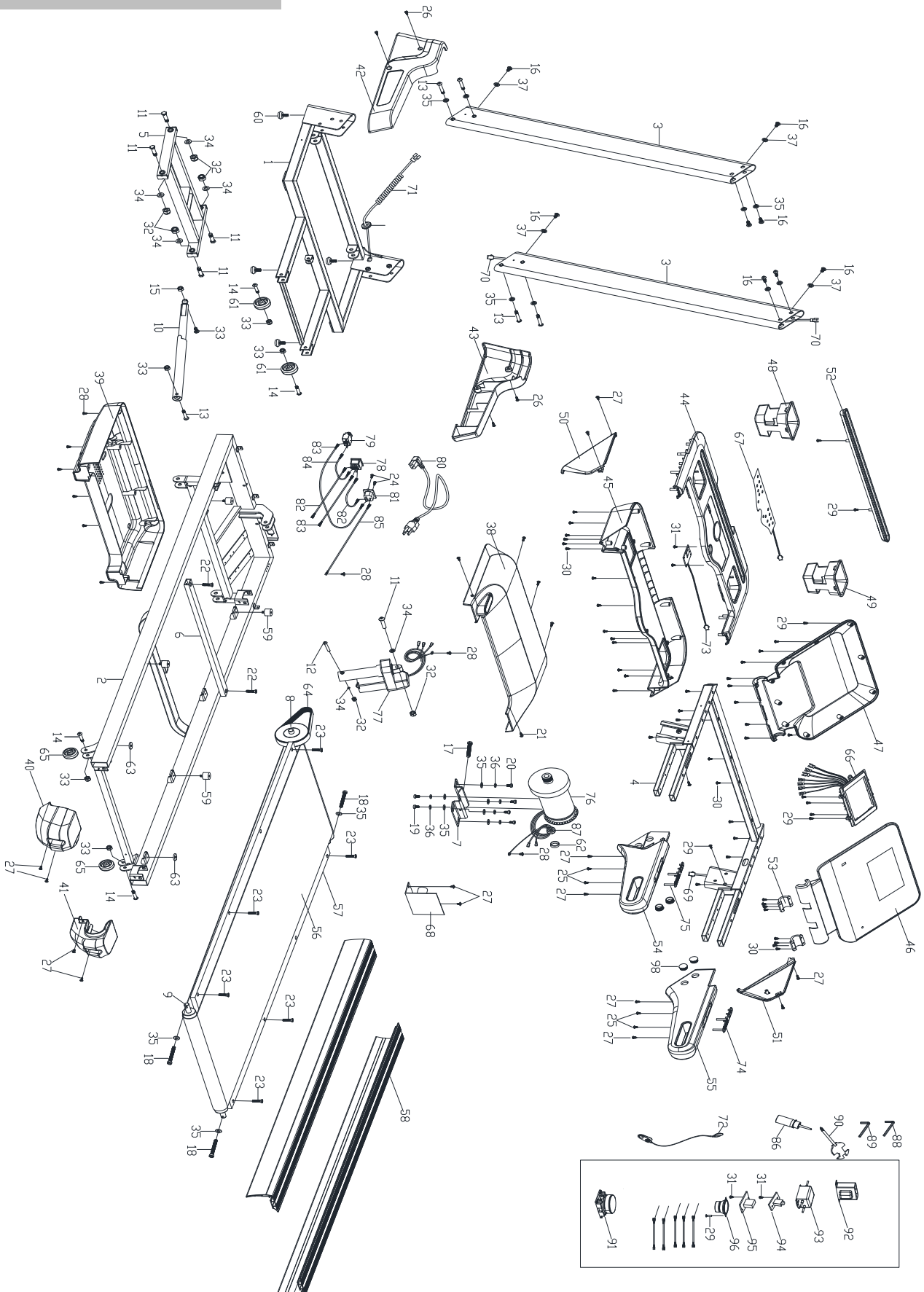
FAT≥30 -- Obesity

This data is for reference only, not as medical data.

➤ **IF THE METER DISPLAYS AS BELOW:**

Fault Code		Reason	FIRST INSPECT
ER-1	No signal received by the computer for 30 seconds	Signal wire error between the console and controller	Check and change signal wire
		Motor disturb	Add magnet ring for signal wire and motor wire
		The whole set of controller broken	Replace computer or controller
ER-3	overvoltage	The input ac voltage is higher than 265V	Adjust to $AC220V \pm 20\%$
		Controller broken	Replace controller
ER-4	Driving tube failure	Controller IGBT short out	Replace controller
ER-5	Overload	The load is too big	Reduce the load
		Too many frictions of treadmill	Add silicon oil
		Setting wrong parameter	Adjust parameter again
ER-6	The motor did not connect well	Motor broken or motor wire fall out	Replace motor or check motor wire
		IGBT broken	Replace IGBT
ER-7	No signal received by main board	Signal wire broken	Check and replace signal wire
		The whole set of controller broken	Replace computer or controller

EXPLODED DRAWING



PARTLIST LIST

No.	DESC.	SPEC.	Q' ty	No.	DESC.	SPEC.	Q' ty
1	Base Frame		1	50	Left Cap Foam		1
2	Main Frame		1	51	Right Cap Foam		1
3	Uprights		2	52	IPAD Rack		1
4	Console Rack		1	53	Computer Fixed Buckle		3
5	Incline Rack		1	54	Left Handrail Foam		1
6	Runnig Deck Pipe		1	55	Right Handrail Foam		1
7	Motor Base Board		1	56	Running Belt		1
8	Front Roller		1	57	Running Board		1
9	Rear Roller		1	58	Side Rail		2
10	Gas Spring		1	59	Cushion		4
11	Hex Head Cap Bolt	M10*45	5	60	Adjust Foot Mat		4
12	Hex Head Cap Bolt	M10*55	1	61	Moving Wheel		2
13	Hexagon Socket Pan Head Bolt	M8*45	5	62	Magnetic ring sponge sheath		1
14	Hexagon Socket Pan Head Bolt	M8*40	4	63	Rubber Cushion		2
15	Hexagon Socket Pan Head Bolt	M8*25	1	64	Motor Belt		1
16	Hexagon Socket Pan Head Bolt	M8*20	8	65	Adjust Wheel		2
17	Cylindrical Head Bolt	M8*75	1	66	Computer		1
18	Cylindrical Head Bolt	M8*65	3	67	Membrane keyboards		1
19	Cylindrical Head Bolt	M8*15	2	68	Controller		1
20	Cylindrical Head Bolt	M8*20	4	69	Top Signal Wire		1
21	Cross Bolt	M5*10	5	70	Middle Signal Wire		1
22	Countersunk Bolt	M6*12	2	71	Lower Signal Wire		1
23	Countersunk Bolt	M6*20	6	72	Safety Key		1
24	Cross Countersunk Screw	ST4*12	2	73	Safety Key Sensor		1
25	Cross Countersunk Screw	ST4*55	4	74	Right Hand Pulse		1
26	Cross Round Head Screw	ST4*19	4	75	Left Hand Pulse		1
27	Cross Screw	ST4*15	14	76	DC Motor		1
28	Cross Screw	ST4*12	12	77	Incline Motor		1
29	Cross Pan Head Screw	ST4*10	28	78	Rocker Switch		1
30	Cross Pan Head Screw	ST4*15	30	79	Circuit Breaker		1
31	Cross Big Flat Head Screw	ST2.9*10	10	80	Power Line		2
32	Locknut	M10	6	81	Socket		1
33	Locknut	M10	6	82	Blue Single Line		2
34	Flat Washer	Φ 10	6	83	Brown Single Line		2
35	Flat Washer	Φ 10	21	84	Brown Single Line		1
36	Spring Lock Washer	Φ 8	6	85	Grounding Line		1
37	Arc Washer	Φ 8	4	86	Silicon Oil		2

38	Motor Upper Cover		1	87	Magnet Ring		1
39	Motor Lower Cover		1	88	Allen Wrench	5#	1
40	Left End Cap		1	89	Allen Wrench	6#	1
41	Right End Cap		1	90	Cross Open End Wrench		1
42	Left Base Cover		1	91	Fitshow Module	optional	1
43	Right Base Cover		1	92	Inductors	optional	1
44	Computer Upper Cover		1	93	Filter		1
45	Computer Lower Cover		1	94			
46	Computer Panel		1	95	USB Module		1
47	Computer Console Back Cover		1	96	Speaker		2
48	Left Water Bottle Box		1	97	MP3 Wire		1
49	Right Water Bottle Box		1	98	Circular Tube Plug	Ø 25	4

LUBRICATION

Lubricating under the running belt will ensure superior performance and extend its life expectancy. After the first 25 hours of use (or 2-3 months) apply some lubricant, and repeat for every following 50 hours of use (or 5-8 months).

How to check running belt for proper lubrication

Lift one side of the running belt and feel the top surface of the running deck. If the surface is slick to the touch, then no further lubrication is required.

If the surface is dry to the touch, apply some lubricant.

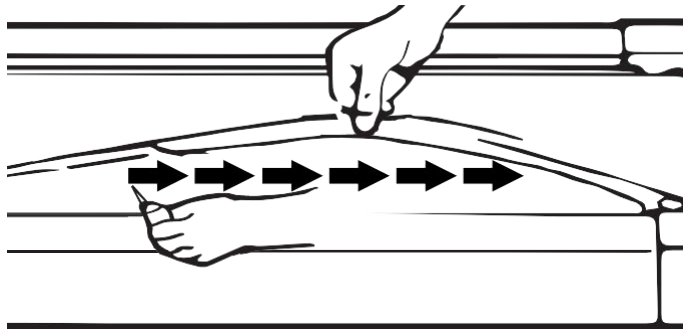
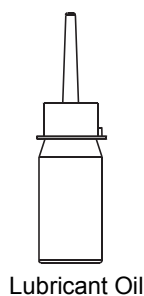
How to apply lubricant

Lift one side of running belt.

Pour some lubricant under the **centre** of the running belt on the top surface of the **running deck**.

Run on the treadmill at a slow speed for 3 to 5 minutes to evenly distribute lubricant.

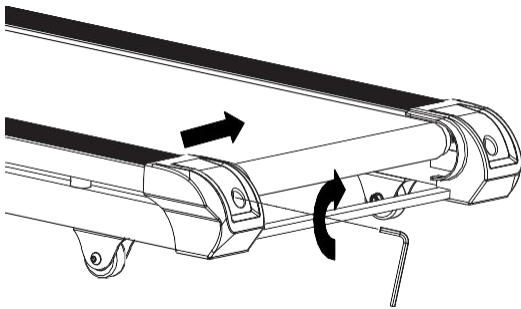
NOTE: DO NOT over lubricate running deck. Any excess lubricant that comes out should be wiped off.



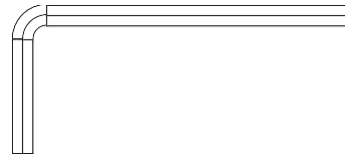
BELT ADJUSTMENT

The running belt is pre-adjusted to the running deck at the factory, but after prolonged use it can stretch and require readjustment. To adjust the belt, turn on the main power switch of the treadmill

and let the belt run at a speed of 8-10 KPH. Use the 6 mm Allen Wrench provided to turn the rear roller adjustment bolts in order to centre the belt. If the running belt is shifting to the left, turn the left adjustment bolt 1/4 turn clockwise, and the running belt should start to correct itself.

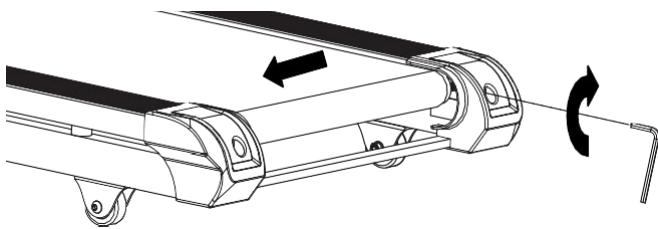


Tool:



6 mm Allen Wrench

If the running belt is shifting to the right, then turn the right adjustment bolt 1/4 turn clockwise, and the belt should start to correct itself. Keep turning the adjustment bolts until the running belt is properly centered.

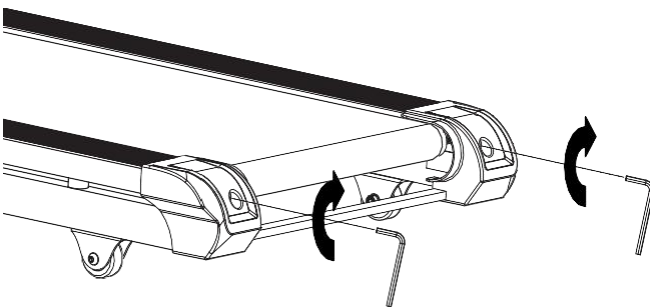


Tool:



6 mm Allen Wrench

If the running belt is slipping during use, turn off and unplug the treadmill. Using the 6 mm Allen Wrench provided, turn both left and right rear roller adjustment bolts 1/4 turn clockwise, then turn the main power switch back on and run the treadmill at a speed of 8-10 KPH. Run on to the running belt to determine if the belt is still slipping. Repeat this procedure until the belt no longer slips.



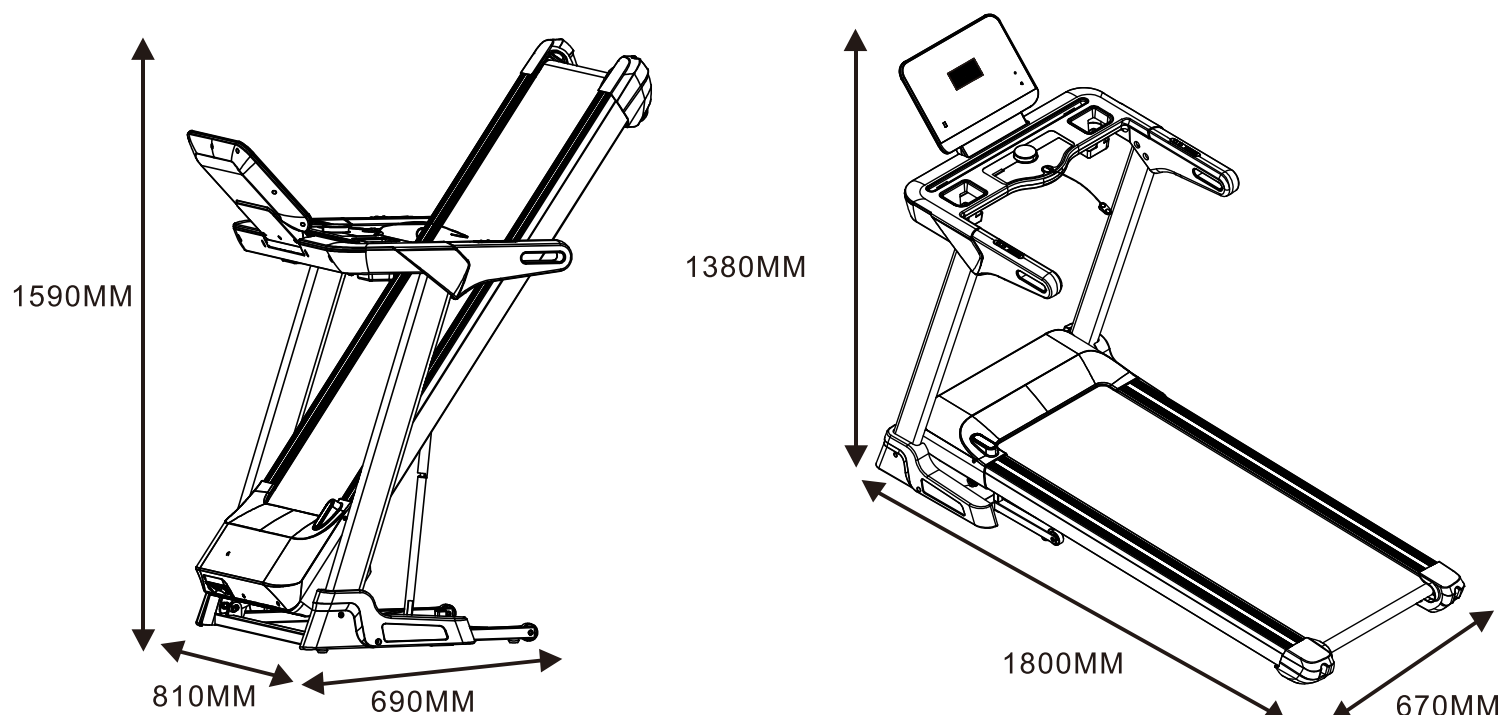
Tool:



6 mm Allen Wrench

PRODUCT SPECIFICATION

Model	IS0507
Packing dimension (cm)	185Lx89Wx26.2H
Product dimension (cm)	138Lx180Wx67H
Net weight	70kg
Gross weight	80kg
Max load	130kg
Colour	Black
Material	Steel, ABS, PP



CONTACT US



ITSU WORLD SDN. BHD. (reg.
No.1137036-K)
Unit BO03-B-13A-1,
Menara 3A, KL Eco City,
No.3, Jalan Bangsar,
59200 Kuala Lumpur.
Tel: 1700-81-4878



ITSU World(HK) Limited
Flat A6 , 20th Floor , TML Tower,
No.3 Hoi Shing Road ,
Tsuen Wan , N.T.
Tel : +852 3611 2228



PT Healthy World
Lodan Center Block O No 20
Jalan Lodan Raya No 2
Jakarta Utara 14430
Tel:+62 21-69831123

APP Installation

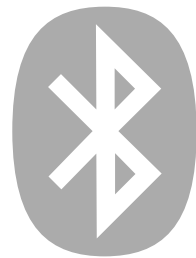
1. Compatible with the following mobile operating system:



IOS 13



Android 10



Bluetooth 4.0

2. Turn on your mobile phone's bluetooth and WIFI or 3G/4G.

3. Scan the QR below to install Fit Show APP



Android



IOS

➤ **Download and operate bluetooth APP**

2.Register and login

1).

You need to register a new account and code if you are a new user, in order to keep your exercise record.If not, you can input your account and code,then enter it.

2).Please register with your E-mail or phone number, then input your registered fitshow account and code.

3.Link your phone and treadmill

1).Open bluetooth,

APP will be searched treadmill that can be connected nearby, and automatically switch

to your nearest treadmill.

2).Select more mode,

you can choose the motion program you want to use by sliding left and right,include target mode,scene mode.Then, press START button to run.

4.Operation of mobile phone APP connecting with treadmill

1).Open mobile phone bluetooth:Ready state of treadmill, open mobile phone bluetooth

2).Connecting fitshow APP:a.open mobile phone fitshow APP.

b.Press "search appliance"

c.When the treadmill icon and bluetooth name (FS-BE9CB3) appears in the center of the mobile screen, press on the bottom of the mobile phone screen "connecting appliance"

d.Press "START" button

e.Mobile phone can show exercise parameter of treadmill

ITSU

User Manual

All information is correct at the time of print